

Need Careers Advice about Work and Learning?

Our professional Careers Advisers provide free up to date, impartial information and advice to help you move on in work and life. The support will provide you with the self-confidence, motivation and skills to help you achieve your goals.

We can support anyone aged 19 and over- whether you are employed or in work

To book an appointment for telephone advice:

Email:

NationalCareersServiceNCC@futuresforyou.com

Call: 0800 917 94 19

We can help you with:

- CV advice and support
- Job search and applications
- Employment opportunities in your area
- Interview help
- Your skills- what you are good at
- Free training courses to get new skills and qualifications
- Career change
- Redundancy support
- Returning to work after a career break
- Volunteering opportunities in your area



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**National
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